



HOUSE RULES

These rules aim to establish a relationship of trust and ensure all necessary guarantees for both travelers and the host!

HOUSE AREA



Access to and use of the house area implies **full and complete acceptance of these rules by all occupants of the accommodation.**

- 1- Any reservation made for a third party is prohibited. Keys must be handed over only by the person identified on the website. The host has the right to obtain any document necessary to verify the identity of all travelers present in the house. Any change of use of the accommodation is also prohibited. The exercise of any trade, profession, or industry is strictly forbidden. The host has the right to cancel any reservation that violates these rules, without notice or refund to the traveler.
- 2- The tenant acknowledges that the premises are rented to them only as a temporary residence and for leisure purposes.
- 3- The rental period cannot be extended without the host's prior written consent.
- 4- Any incident, breakage, or damage affecting the property, furniture, or equipment must be reported as soon as possible.
- 5- Any lost or damaged item must be reported.
- 6- The tenant agrees that the owner, or any third party authorized by the owner, may exercise their right of access for urgent repairs or inspections related to the safety of the occupants, the property, or the building. The owner will be informed beforehand.
- 7- This apartment does not have a designated smoking area. Smoking and vaping are prohibited in the property. There is an ashtray on the small table on the balcony.
- 8- If you are traveling with a pet, with our prior agreement, we only accept small dogs and cats. Please ensure that there is no damage to the property. Please pick up after your pet around the house and in the garden.
- 9- Please respect the peace and cleanliness of the property. Parties and events are not permitted.
- 10- The accommodation can host eight guests. The tenant agrees to respect this occupancy limit.
- 11- Your belongings are perfectly safe when the windows are closed and the door is locked. The host accepts no responsibility, and the tenant waives all recourse, in the event of theft or damage to guests' personal belongings.
- 12- Do not move furniture from one room to another to avoid potential damage. It is also forbidden to move furniture outside the property, except for that already present in the garden and intended for that purpose.
- 13- The tenant agrees not to flush anything other than toilet paper down the toilet and not to throw any objects into the sinks, basins, or bathtub that could clog the drains. Failure to do so will result in the tenant being liable for the costs incurred to restore these fixtures to working order.
- 14- The apartment must be left tidy and clean. You do not need to wash the floors; we will do it after your departure.

15- The kitchen contains perishable food that you are welcome to use. Always check the expiration date before consuming anything.

16- There are stairs and a railing along the walkway upstairs. To prevent any risk of falls or injuries, your children must not be left unattended by an adult; they are your sole responsibility.

17- Guests agree not to climb on the walkway railing. The host cannot be held responsible for any personal injuries or damage to personal belongings.

18- The Nordic bath on the terrace is reserved exclusively for guests of the gîte. You may use it whenever you wish during your stay. The maximum capacity is 4 adults. For children's safety, they must always be accompanied by an adult.

Firewood is available for heating the bath. A lighter and kindling are available on the windowsill next to the hot tub. It takes 2 to 3 hours to heat up (approximately 7-10°C per hour). The ideal temperature is 37°C. You can check the temperature with the small thermometer float; be sure to activate the bubbles as the water is warmer at the surface. If the water is too hot, add cold water; a small bucket is available under the sink in the laundry room.

We treat the water with bromine or active oxygen. During your stay, we may check the water's pH. The water level inside the bath must not be below the water inlet of the boiler and pump, otherwise it could be damaged.

19- Check-out time is set at 11:00 AM to allow time for cleaning the cottage for the next guests. For two-night weekend stays, check-out may be later with the host's written agreement.

20- In case of an emergency related to cardiac distress or any other urgent medical assistance, dial 18 or 15.



HOUSE RULES

WELLNESS AREA – JACUZZI / SAUNA / HAMMAM



Access to and use of the wellness area implies **full and complete acceptance of these regulations** by all occupants of the accommodation.

• WELLNESS AREA OPENING HOURS

The wellness area (jacuzzi, sauna and hammam) located on the ground floor is **accessible only during the following hours:**



From 10:00 AM to 8:00 PM

Therefore:

- Any use **outside these hours is strictly prohibited.**
- Users agree to **end their session before 8:00 PM** to allow for the closing and security of the facilities.
- Failure to comply with opening hours constitutes a breach of the internal regulations and may result in:
 - **immediate termination of access** to the wellness area,
 - any action deemed necessary by the owner,
 - potential **charges for any damage.**

The owner accepts no responsibility for the use of the facilities **outside of authorized hours.**

1) GENERAL ACCESS CONDITIONS

- The wellness area is **reserved exclusively for residents of the accommodation.**
- Use is at the **users' own risk.**
- The facilities are **unsupervised.**
- All use must be in **strict compliance with safety instructions.**
- No smoking.

2) AUTHORIZED PERSONS

- Access is **prohibited for persons under 18 years of age, unless otherwise specified in writing and under the constant**

supervision of a responsible adult.

- Persons with **medical contraindications** must not use the facilities.

3) MEDICAL CONTRAINDICATIONS (NON-EXHAUSTIVE)

Use is **strictly contraindicated** in cases of: heart or respiratory disease, hypertension or hypotension, pregnancy, diabetes, epilepsy, circulatory disorders, fever or infection, consumption of alcohol, drugs, or medications that impair alertness.



If in doubt, consulting a healthcare professional is essential.

4) RULES COMMON TO ALL FACILITIES

-  **Shower required before each use**
-  Prohibited activities: **consuming alcohol or illicit substances; using pyrotechnics; smoking; running or diving; using oils.**
-  Regular hydration strongly recommended
-  Use of electrical appliances prohibited in the sauna, steam room, and jacuzzi
-  **Individual and responsible** use, without excess
-  For your safety, please do not use **glass cups** in the spa, sauna, and steam room.

5) RULES SPECIFIC TO EQUIPMENT JACUZZI



SPA

- Maximum recommended duration: **20 consecutive minutes**
- Maximum number of people: 5x
- Do not fully submerge your head
- Exit immediately in case of: discomfort, dizziness, nausea
- The cover must be closed after use.
- Water temperature: maximum 38°C.



SAUNA

- Recommended sessions: **10 to 15 minutes**
- Towel use is mandatory
- Take a break and cool down between sessions

- Never sleep in the sauna



HAMMAM

- Maximum recommended duration: **15 minutes**
- Pay particular attention to slippery floors
- Get up slowly to avoid fainting
- Never block the ventilation openings

6) SOLO USE

- Alone use is **strongly discouraged**.
- When used alone, the user **assumes all risks**.

7) LIABILITY

- Users acknowledge using the wellness area with **full knowledge of the risks**.
- The owner cannot be held responsible for:
 - use that does not comply with these regulations
 - failure to comply with safety instructions
 - a state of health incompatible with use
- Any intentional damage or damage resulting from misuse will be **charged**.

8) INCIDENT – EMERGENCY

- In case of an incident, **stop using the facility immediately**.
- Notify the owner without delay: +33 6 71 98 18 87 or +33 6 38 41 31 37
- In case of a medical emergency, contact **emergency services (112 or 15)**.

9) ACCEPTANCE

Use of the wellness area **constitutes explicit and unreserved acceptance** of these regulations.